

## 6. Praying with Scriptures Ephesians 6:12-18 Armor of God

**Ephesians 6:12-18 (ESV) For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. Therefore, take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, and, as shoes for your feet, having put on the readiness given by the gospel of peace. In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; and take the helmet of salvation, and the sword of the Spirit, which is the word of God, praying at all times in the Spirit, with all prayer and supplication. To that end keep alert with all perseverance, making supplication for all the saints,**

**For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.**

Lord, please help me to understand and act on this. When I have troubles, I should not try to fix it myself. For they do not come from what I can see or feel here in this world. Help me to understand spiritual warfare we are all facing.

**Therefore, take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm.**

Make me stronger and spiritually prepared for any adversary that arises. May I see what my weak points are so I can work on them to strengthen those areas. Thank you for these verses that explain how to do this.

## 6. Praying with Scriptures Ephesians 6:12-18 Armor of God - continued

**Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness,**

Help me to follow you and stay on your path of righteousness and trustworthiness. May I not speak untruths or even exaggerations. I will follow your wonderful commandments to the best of my ability, and I admit that's hard. But with your gentle guidance I can do anything.

**and, as shoes for your feet, having put on the readiness given by the gospel of peace.**

May I not be complacent about your gospel. But make me bold. Lord give me that desire to step out and not be afraid. Make me ready! When you say "Go", I will have already prepared for that and I will go. Keep my ears open for your directions.

**In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one;**

I do believe I have faith. But if I really had to face the enemy, would my faith be strong enough? Faith strengthens the closer we get to you, Lord. May I get even closer to you so my faith be strong enough to fight any battle.

**and take the helmet of salvation, and the sword of the Spirit, which is the word of God,**

Keep your word in my heart, Lord. For it is the ultimate weapon against evil. May I study it and memorize verses. Even Jesus used scriptures when he was tempted by the enemy.

**praying at all times in the Spirit, with all prayer and supplication.**

Praying is how we get in your beautiful presence. It's hard to pray all the time, but that is what we need to do. Revive my soul that I may always long to tell you everything. Don't let me get complacent about praying. May it never be like a chore. But a continual and desirable honor.

**To that end keep alert with all perseverance, making supplication for all the saints,**

I will keep my eyes and ears open for you. With determination, I will wear the armor of God. Ready to face and endure whatever you have for me.

It is an honor to pray in that beautiful name of Jesus. Amen.