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Part 8 Weekly Challenges to Get Closer to God

Challenge #6 Don't Worry about Anything

The challenge for this week is "Don't Worry about Anything".

This is part of a yearly series "Weekly Challenges to Get Closer to God". There are 26 challenges for 1 year. You concentrate on 1 thing for 1 week (every other week) and see what happens.

Don't worry about anything. Worrying never helps. God says not to worry or be anxious. We should instead trust in God.

Of course, we need to think about our problems and take care of things. But bring your problems to Jesus and he will help you through them. No matter if it's something small or huge, bring your situations to Jesus. And trust that he hears you and wants what is best for you, even if it means letting you go through a hard trial.

Don't try to figure out how to handle your situations on your own. God never gets tired of hearing from you even with the repeated topics. Bring it all to Jesus all week. Everything, big or small.

Really put effort into not worrying about anything all week and see what happens. See how it brings you closer to God.

Here are some Bible verses to motivate you.

Philippians 4:6 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

Matthew 6:34 Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

1 Peter 5:7 Cast all your anxiety on him because he cares for you.

Isaiah 41:10 So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

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