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Part 8 Weekly Challenges to Get Closer to God

Challenge #2 Be Slow to Anger

The challenge for this week is “Be Slow to Anger”.

This is part of a yearly series “Weekly Challenges to Get Closer to God”. There are 26 challenges for 1 year. You concentrate on 1 thing for 1 week (every other week) and see what happens.

God is slow to anger and he wants us to be also.

It can seem like anger is a very powerful tool that we can use to get our way. Nobody likes it when someone is angry with them. But anger leads to hate and revenge which can bring havoc to our lives. It's unhealthy for us physically and spiritually.

If we are truly following and serving Jesus, we will not get angry easily. If you start feeling angry, take it to the Lord. Pray about it. Give the Holy Spirit opportunity to calm your nerves and give you peace.

So, no matter what people do or what circumstances you find yourself in, be slow to anger. Really concentrate on it for one week and see what happens.

Here are some Bible verses to motivate you.

James 1:19-20 My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires.

1 Corinthians 13:4-5 Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs.

Psalms 37:8 Refrain from anger and turn from wrath; do not fret—it leads only to evil.

Ephesians 4:2 Be completely humble and gentle; be patient, bearing with one another in love.

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