

## Jenaministries – Part 3. Prayers

### 5. A Prayer for Fear

Dear Lord,

Thank you for always being what I need. Be it a counselor, protector, father, teacher, or just someone who will listen; you are always faithful with these things and more. Thank you for being involved and being concerned with my so very small life and for always being with me.

I come to you with a problem of sometimes letting fear get in the way of living as I should. Sometimes fear gets a hold of me and directs my way of life and it affects my decisions and my health (mental, physical, and spiritual).

I don't want to be like the Israelites who let fear control their actions (**Numbers 13:17-33 through Numbers 14:1-35**). Their fear was so strong it caused them to forget you! I admit that can happen to me. When something that needs immediate attention gets ahold of my fear, I can forget you are with me and fear takes over. I completely forget you at that moment.

Help me to be like the next generation of Israelites, who trusted you and stood up to their fears, knowing you were with them (**Deuteronomy 20:1, Joshua 4:12-13**). They even had the Jordan river blocking their way. But they remembered how you opened the Red Sea and trusted you would also open the Jordan, as you said you would, so they could walk through (**Joshua 4:22-23**). But first, they had to get past their fear and make the leap of faith, which they did.

It's easy to get caught up in this world. There are times when several bad situations get thrown at me all at once. And sometimes it's just one very stressful urgent thing that puts fear in the driver's seat and you get put in the back.

It can even be a good thing. Something good can be in my reach, but I must get past the fear and take the leap of faith (**Mark 4:35-40**) in order to reach it.

When fear starts to settle in, I pray I will remember you and receive your peace (**John 14:27**). Please help me to be open to receive whatever you have for me.

You say in your Word (**1 Thessalonians 5:18, Philippians 4:6**) to give you thanks in every situation. I'm going to try to do that. Not thanking you for the stressful situation, but giving thanks for the good things you have done. That will help me remember your faithfulness and will weaken any fear.

Forgive me for my weaknesses that hold me back from being the person you want me to be. Please be the light on my path. And as I walk with you, I will get stronger (**Hebrews 13:6**).

I am so grateful to pray in that sweet, glorious name of Jesus, my Lord.

Amen

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### Numbers 13:17-33 through Numbers 14:1-35

When Moses sent them to explore Canaan, he said, “Go up through the Negev and on into the hill country. See what the land is like and whether the people who live there are strong or weak, few or many. What kind of land do they live in? Is it good or bad? What kind of towns do they live in? Are they unwallled or fortified? How is the soil? Is it fertile or poor? Are there trees in it or not? Do your best to bring back some of the fruit of the land.” (It was the season for the first ripe grapes.)

So they went up and explored the land from the Desert of Zin as far as Rehob, toward Lebo Hamath. They went up through the Negev and came to Hebron, where Ahiman, Sheshai and Talmai, the descendants of Anak, lived. (Hebron had been built seven years before Zoan in Egypt.) When they reached the Valley of Eshkol, they cut off a branch bearing a single cluster of grapes. Two of them carried it on a pole between them, along with some pomegranates and figs. That place was called the Valley of Eshkol because of the cluster of grapes the Israelites cut off there. At the end of forty days they returned from exploring the land.

They came back to Moses and Aaron and the whole Israelite community at Kadesh in the Desert of Paran. There they reported to them and to the whole assembly and showed them the fruit of the land. They gave Moses this account: “We went into the land to which you sent us, and it does flow with milk and honey! Here is its fruit. But the people who live there are powerful, and the cities are fortified and very large. We even saw descendants of Anak there. The Amalekites live in the Negev; the Hittites, Jebusites and Amorites live in the hill country; and the Canaanites live near the sea and along the Jordan.” Then Caleb silenced the people before Moses and said, “We should go up and take possession of the land, for we can certainly do it.”

But the men who had gone up with him said, “We can’t attack those people; they are stronger than we are.” And they spread among the Israelites a bad report about the land they had explored. They said, “The land we explored devours those living in it. All the people we saw there are of great size. We saw the Nephilim there (the descendants of Anak come from the Nephilim). We seemed like grasshoppers in our own eyes, and we looked the same to them.”

That night all the members of the community raised their voices and wept aloud. All the Israelites grumbled against Moses and Aaron, and the whole assembly said to them, “If only we had died in Egypt! Or in this wilderness! Why is the LORD bringing us to this land only to let us fall by the sword? Our wives and children will be taken as plunder. Wouldn’t it be better for us to go back to Egypt?” And they said to each other, “We should choose a leader and go back to Egypt.”

Then Moses and Aaron fell facedown in front of the whole Israelite assembly gathered there. Joshua son of Nun and Caleb son of Jephunneh, who were among those who had explored the land, tore their clothes and said to the entire Israelite assembly, “The land we passed through and explored is exceedingly good. If the LORD is pleased with us, he will lead us into that land, a land flowing with milk and honey, and will give it to us. Only do not rebel against the LORD. And do not be afraid of the people of the land, because we will devour them. Their protection is gone, but the LORD is with us. Do not be afraid of them.”

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### Numbers 13:17-33 through Numbers 14:1-35 continued

But the whole assembly talked about stoning them. Then the glory of the LORD appeared at the tent of meeting to all the Israelites. The LORD said to Moses, “How long will these people treat me with contempt? How long will they refuse to believe in me, in spite of all the signs I have performed among them? I will strike them down with a plague and destroy them, but I will make you into a nation greater and stronger than they.”

Moses said to the LORD, “Then the Egyptians will hear about it! By your power you brought these people up from among them. And they will tell the inhabitants of this land about it. They have already heard that you, LORD, are with these people and that you, LORD, have been seen face to face, that your cloud stays over them, and that you go before them in a pillar of cloud by day and a pillar of fire by night. If you put all these people to death, leaving none alive, the nations who have heard this report about you will say, ‘The LORD was not able to bring these people into the land he promised them on oath, so he slaughtered them in the wilderness.’

“Now may the Lord’s strength be displayed, just as you have declared: ‘The LORD is slow to anger, abounding in love and forgiving sin and rebellion. Yet he does not leave the guilty unpunished; he punishes the children for the sin of the parents to the third and fourth generation.’ In accordance with your great love, forgive the sin of these people, just as you have pardoned them from the time they left Egypt until now.”

The LORD replied, “I have forgiven them, as you asked. Nevertheless, as surely as I live and as surely as the glory of the LORD fills the whole earth, not one of those who saw my glory and the signs I performed in Egypt and in the wilderness but who disobeyed me and tested me ten times — not one of them will ever see the land I promised on oath to their ancestors. No one who has treated me with contempt will ever see it. But because my servant Caleb has a different spirit and follows me wholeheartedly, I will bring him into the land he went to, and his descendants will inherit it. Since the Amalekites and the Canaanites are living in the valleys, turn back tomorrow and set out toward the desert along the route to the Red Sea. ”

The LORD said to Moses and Aaron: “How long will this wicked community grumble against me? I have heard the complaints of these grumbling Israelites. So tell them, ‘As surely as I live, declares the LORD, I will do to you the very thing I heard you say: In this wilderness your bodies will fall—every one of you twenty years old or more who was counted in the census and who has grumbled against me. Not one of you will enter the land I swore with uplifted hand to make your home, except Caleb son of Jephunneh and Joshua son of Nun. As for your children that you said would be taken as plunder, I will bring them in to enjoy the land you have rejected. But as for you, your bodies will fall in this wilderness. Your children will be shepherds here for forty years, suffering for your unfaithfulness, until the last of your bodies lies in the wilderness. For forty years—one year for each of the forty days you explored the land—you will suffer for your sins and know what it is like to have me against you.’ I, the LORD, have spoken, and I will surely do these things to this whole wicked community, which has banded together against me. They will meet their end in this wilderness; here they will die.”

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### Deuteronomy 20:1

When you go to war against your enemies and see horses and chariots and an army greater than yours, do not be afraid of them, because the LORD your God, who brought you up out of Egypt, will be with you.

### Joshua 4:12-13

The men of Reuben, Gad and the half-tribe of Manasseh crossed over (the Jordan), ready for battle, in front to the Israelites, as Moses had directed them. About forty thousand armed for battle crossed over before the Lord to the plains of Jericho for war.

### Joshua 4:22-23

“tell them, ‘Israel crossed the Jordan on dry ground.’ For the Lord you God dried up the Jordan before you until you had crossed over. The Lord our God did to the Jordan what he had done to the Red Sea when he dried it up before us until we had crossed over.

### Mark 4:35-40

That day when evening came, he said to his disciples, “Let us go over to the other side.” Leaving the crowd behind, they took him along, just as he was, in the boat. There were also other boats with him. A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, “Teacher, don’t you care if we drown?” He got up, rebuked the wind and said to the waves, “Quiet! Be still!” Then the wind died down and it was completely calm. He said to his disciples, “Why are you so afraid? Do you still have no faith?”

### John 14:27

(Jesus said) “Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid”.

### 1 Thessalonians 5:18

Give thanks in all circumstances; for this is God’s will for you in Christ Jesus.

### Philippians 4:6

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

### Hebrews 13:6

So we say with confidence, “The Lord is my helper; I will not be afraid. What can mere mortals do to me?”